

Students undertake field visits, research projects / industry internship/visits/community postings as part of curriculum enrichment

The department of Community medicine, Index Medical College, Indore (Malwanchal University) carries out number of activities pertaining to student's field visits, research projects as part of Community posting and curriculum enrichment. It involves students, interns and post graduates in terms of health education, environmental issues, Swaccha Bharat activities and general health and hygiene awareness among rural community.

The various visits to the establishments mentioned below gives them an opportunity to understand the structure and functioning of healthcare delivery system and on ground understanding of preventive and promotional activities in relation to public health.

List of programs and number of students undertaking field visits is appended below:

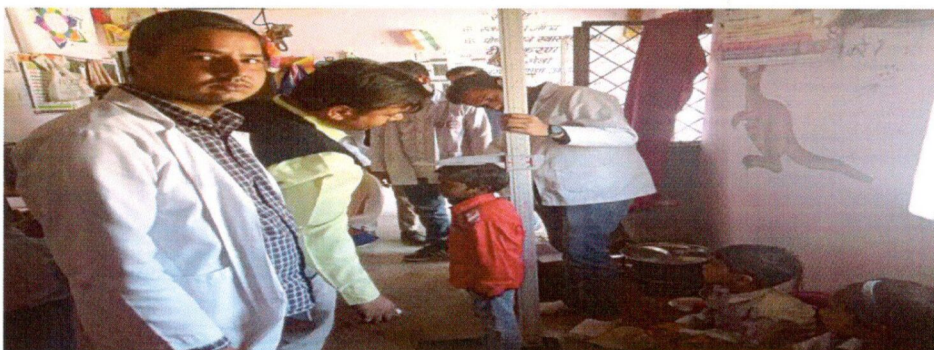
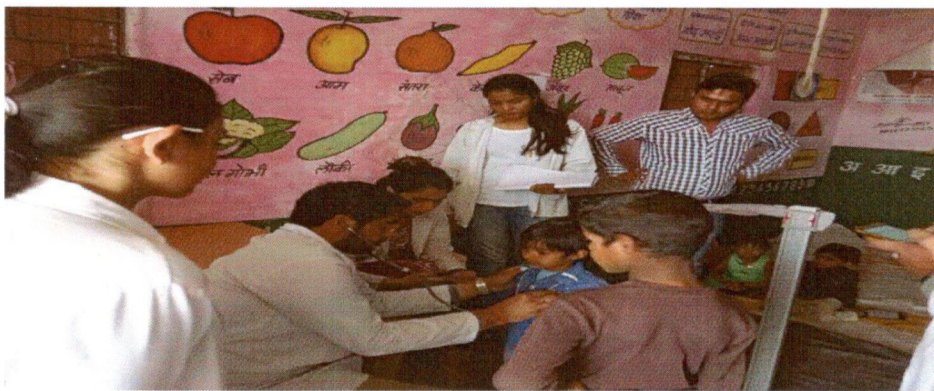
Sr. No.	Visit	Description	No. of Students
1	School Visit	A visit to Primary and/or Secondary Schools - Private or Government in the vicinity. This visit orients the medical students about the school health program. It helps the students understand the various health problems common among school students. It also gives the students opportunity to interact with children.	25
2	Anganwadi Visit	A visit to ICDS projects (Anganwadi) in nearby villages. The students are explained and demonstrated weight monitoring, use of growth charts. Various beneficiaries and services provided are shown to students.	25
3	Primary Health Centre	Visit to Govt. PHC located near the Medical College (PHC Kampel & Double Chowki). The functioning of Primary health centre is demonstrated to students. Role of various staff of PHC is explained to them. Sensitization to implementation of national health programs MCH, RNTCP, family planning.	25
4	RHTC Visit	Visit to Rural Health Training Centre A RHTC established for teaching and training of under graduates and post	25


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		graduates and interns.	
5	UHTC Visit	Visit to Urban Health Training Centre An UHTC established for teaching and training of under graduates and post graduates and interns.	25
6	Saanchi Milk Dairy Visit	Pasteurization Plant A visit to Sanchi Milk Dairy Plant to demonstrate the method of pasteurization of milk	25
7	Sewage Treatment Plant	STP A visit to Sewage treatment plant for demonstrating to the medical students the steps in sewage water treatment. The plant is located at Bhangarh.	25
8	DOTS Centre	The students are taken to the DOTS centre for demonstrating them the various functions and process at the DOTS centre. The different categories of drugs dispensed through patient wise boxes are shown to them.	25

The photographic presentation of above mentioned activities is attached for ready reference.



Anganwadi Visit

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School Visits



Urban Health Training Centre

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Oral hygiene instructions were given to the Children for the cleanliness of teeth by advising them to brush with toothpaste twice daily and also to clean tongue with the help of the tongue scraper by the Dental interns. Whichever way we look at it, the poor and rural people are the ones who are not receiving dental care, which is generally delivered on a fee for service basis by private dental clinics. Many people suffer episodes of extreme dental pain and infection in their lives. They try to deal with this by using natural (ayurvedic) medicines, and/or repeated doses of antibiotics and analgesics if available. However these do not solve the problem as the affected tooth or teeth must receive professional treatment. The reliance on dental quacks, ie untrained people providing dental care is almost as serious a problem, as the result of treatment by these people could actually worsen any dental problems due to a lack of dental knowledge.



Screening Program on Oral Health Education for Children


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Institutional social responsibilities activities in the neighborhood community

The department of Community medicine of Index Medical College, Indore and Index Nursing College has carried out number of activities pertaining to institutional social responsibilities in the neighborhood community involving students, interns and post graduates in terms of health education, environmental issues, Swaccha Bharat and general health awareness. The events elaborated here are examples of activities undertaken by the department on various occasions throughout the year.

Awareness Program on World Breastfeeding Week

Seminar was held in Lecture Theatre in which all the aspects of breast feeding along with the slogan of world breast feeding week “Breast feeding foundation of life” were covered beautifully by the speakers. Various activities were organized involving students & Interns along with faculties.



World Breast Feeding Week


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World Health Day

Every year WHD is celebrated with lot of gusto and active participation of students and faculty occurs. The theme for this year's World Health Day is "Universal Health Coverage- Everyone, Everywhere". The events included competitions for undergraduates and interns and a seminar attended by all students and faculties.e.g: IAPSM WHD QUIZ (Elimination Round 5th April, Quiz- 7th April), "Alfaz": The Slogan Writing Competition and "Aagosh"- Embracing Universal Health Coverage: A seminar by faculties of Community Medicine on the subject.



Health Talk on ORS and Diarrhea


Observance of world heart day 27/09/19

World Heart Day 2019 was observed and organized by Department of Community Medicine on 27th September. Each member of the Department had participated very enthusiastically in the various aspect of preparation. A health talks on "Protect your heart "was organized in Lecture Theater by the Interns & PG students. All the aspects of Ischemic heart disease was covered beautifully by speakers including etiology ,risk factors, Patho-physiology of disease, clinical presentation , management specially the prevention . This was followed by a video on CPR.

World Tuberculosis Day

World Tuberculosis Day on 24th March was observed to raise public awareness about the devastating health, social and economic consequences of TB. The theme of World TB 2022 - Invest to End TB, Save lives'- conveys the urgent need to invest resources to ramp up the fight against TB. A lecture about recent advances in TB control and elimination was organized in collaboration with WHO and District TB centre.


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Awareness program on World Cancer day

Swacchta Abhiyaan

Swacchta abhiyaan is organized by the institution on regular basis periodically involving all the work force consisting of medical officers, nursing staff, para medics' students and interns. Honorable PM's initiative is celebrated with full zeal and enthusiasm by all irrespective of status.


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